



# THE FORMATIVE YEARS PARENT & CHILD CONNECTION GROUP

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FIRST CATCH UP  
26TH FEBRUARY 2024

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**Want to make connections for yourself and your kids?**

Junction's new parenting group is aimed at bringing together parents of children aged 0-12 from Victoria.

Come together with other parents on a Monday with or without your children with a fun activity and different setting every week for both parent and kids to enjoy.

**Register by Friday 16th February for catering**

CONTACT THE EARLY  
HELP TEAM TO  
REGISTER (02) 6043 7400  
OR EMAIL  
[earlyhelp@junction.org.au](mailto:earlyhelp@junction.org.au)

SCHEDULE ATTACHED  
WITH UPCOMING  
ACTIVITIES, LIMITED  
SPOTS AVAILABLE.  
**COST: FREE**



# February ACTIVITY PLAN

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DATE/TIME	ACTIVITY	FOCUS	LOCATION
<b>Monday 26th Feb 12 - 1:30 pm</b>	Parents - Paint & Platter Kids - activities facilitated by Early Help Team <b>Cost: Free</b>	Meet and Greet -Importance of self-care and connection for parents	Wodonga Venue - TBA
<b>Monday 4th March 12 - 1:30 pm</b>	Picnic in the Park -Outside play for kids <b>Cost: Free</b>	Self-regulation with parents	Sumsion Gardens Wodonga
<b>Monday 11th March 12 - 1:30 pm</b>	<b>PUBLIC HOLIDAY</b>		
<b>Monday 18th March 12 - 1:30 pm</b>	Coffee and Cake  <b>Cost: Free</b>	Co-regulation with children	TBA
<b>Monday 25th March 12 - 1:30 pm</b>	Ten pin bowling for parents and kids  <b>Cost: Free</b>	Basics of brain development in children	3D Lanes Wodonga (2 Sanyo Drive)

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